

CENTRAL DELAWARE ENDOSCOPY UNIT

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It's time for your Colonoscopy.

Date:

Arrival Time:

Procedure Time:

A colonoscopy is a procedure to look in the colon for anything abnormal.

It is VERY important that your colon is cleared of all stool before your colonoscopy. This will allow your doctor to see the lining of your colon and look for any abnormalities; such as polyps or growths. To clean your colon, you must:

- Follow a **SPECIAL DIET THE WHOLE DAY BEFORE** your colonoscopy
- Take the prescribed bowel prep medication that you will get from your pharmacy

Special Diet:

You are only allowed to have **CLEAR LIQUIDS THE WHOLE DAY BEFORE** your colonoscopy.

Examples/Suggestions:

- Lemon lime or Ginger ale sodas
- Gelatin (NOT red or purple)
- Apple juice
- Ice popsicles (NOT red or purple)
- white grape juice
- coffee or tea (No creamer or milk)
- broth
- water

What you need to bring the day of the procedure:

- An adult driver (above the age of 18)
- Photo Identification
- Health Insurance Card
- 3 pages of paperwork filled out (Health Questionnaire attached to this page)

A nurse from the endoscopy unit will call you several days before your procedure to review your instructions and help you with any questions you may have about your procedure.

There is to be nothing in your mouth 3 hours before you arrival, not even water, gum, or candy. Failure to comply may result in cancellation.

There is a CANCELLATION FEE of \$75.00 if less than 48-hour notice is given.

SUTAB[®]

(sodium sulfate, magnesium sulfate, and potassium chloride)
Tablets

1.479 g/0.225 g/0.188 g



On the Day Before Your Procedure

What You CAN Do

- You may have clear liquids.

What You CANNOT Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

Liquids That Are OK to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

Note

- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUTAB may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUTAB.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distension, vomiting, and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUTAB or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUTAB, call your doctor.

To learn more about this product, call 1-800-874-6756.

The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

DOSE 1—On the Day Prior to Colonoscopy

Take the tablets with water

STEP 1 Open 1 bottle of 12 tablets.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.



Tablets not shown actual size.



IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink additional water

STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DOSE 2—Day of the Colonoscopy

- Continue to consume only clear liquids until after the colonoscopy.
- The morning of colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets.
- Repeat STEP 1 to STEP 4 from Dose 1.



Tablets not shown actual size.



IMPORTANT: You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy.

Please read the full Prescribing Information and Medication Guide in the kit.

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